

**Laser Hair Removal
Post-treatment
information**



rejuvenate

yourself



**Knowledgeable,
experienced,
caring.**

Are you ready?



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Post treatment

We have produced this informational pamphlet to provide you with a better understanding of laser hair removal. Like any medical procedure, you may have some questions that need answers; hopefully they will be covered here.

Firstly, your treatment was administered under the highest medical standards. A registered nurse performed your procedure under the direction of a Board Certified Dermatologist. At the Skin Care Centre, we take great pride in the level of care we deliver to our clients.

After your treatment there are a few things that you should be aware of:

Immediately after the treatment, the area will look pink and be slightly swollen. If the swelling is uncomfortable, we recommend treating the area with a cold compress for fifteen minutes. The swelling should subside in few hours to a day. You will be able to move freely after the treatment. On rare occasions, blisters and a light brown crust may form. Do not be alarmed. Simply apply some Polysporin, Bactroban, or Bacitracin ointment on the affected area.

Strictly avoid sun exposure to the treatment site by keeping the area covered to decrease the risk of pigment change. Keep the site clean. A gentle cleansing once or twice a day with a mild soap is helpful.

Some of the hair will remain in the hair follicle, but this will usually fall out on its own within the next few weeks. Your next treatment will be done if the hair begins to grow again (approximately 6 weeks).

Avoid cosmetics on or near the treated area for the first three days. If any problems occur such as pain, bleeding, or infection (redness or drainage after 48 hours), please call the Laser Hair Removal Clinic at 604-875-4986.

Follow-up care

Very little follow-up care is necessary. The laser-treated hairs sitting loosely in the follicle may initially appear to grow. This occurs because the hair gradually comes out of the follicle. It is expected that 6 to 8 treatments will be needed for permanent hair reduction. The exact number of treatments depends on a variety of factors, including the treatment location, your skin and hair type.

It is important to protect your skin from sun. Tanned skin may result in unpredictable side effects, such as temporary darkening of the skin.

Outcome

After laser treatment, any hair that regrows is usually finer and lighter in colour than before treatment.